

# Frozen FOOD MENU

Call 1.519.296.3663 or  
Email Liz at [liz@lizscatering.ca](mailto:liz@lizscatering.ca)  
to place your order!



**PASTA** Small (2 lbs.) \$15.00

**Chicken Parmesan on Penne**

**Chicken Fettuccini Alfredo**

**Chicken & Pesto Stuffed Shells**

**Macaroni & Cheese** (2 lbs.) \$9.95

**LASAGNA** Small (2 lbs.) \$20.00  
(Beef OR Chicken) Family (7 lbs.) \$40.00  
Vegetarian Lasagna available  
upon request

**SHEPHARD'S PIE** Small (2 lbs.) \$20.00  
Family (7 lbs.) \$40.00

**MEAT PIE 5"** \$6.50  
Beef, Chicken, Turkey

## BAKED GOODIES

**Banana Bread**  
\$ 2.00 / slice \$12.00 / loaf  
**Lemon Loaf**  
\$ 2.00 / slice \$12.00 / loaf  
**Date Filled Oatmeal Cookies**  
\$7.00 / 6 pack

**Oatmeal Cookies**  
\$5.00 / 12 pack  
**Carrot Cake (9X13 pan)**  
\$28.00 / with cream cheese icing  
\$20.00 / without icing

**SOUP** Small (16 oz.) \$6.95  
Large (32 oz.) \$10.95

**Cream of Potato & Bacon**

**Cream of Mushroom**

**Chicken Tortilla**

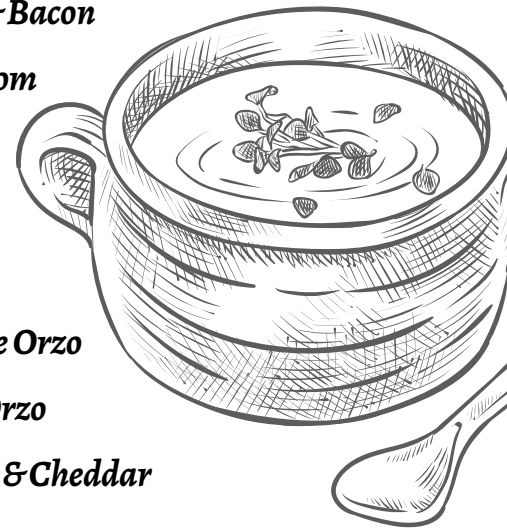
**Corn Chowder**

**Beef Cabbage**

**Chicken Vegetable Orzo**

**Italian Sausage Orzo**

**Cream of Broccoli & Cheddar**



**QUICHE 5" \$6.50**

**Choice # 1**

Peppers, Onions, Broccoli

**Choice # 2**

Onion, Ham, Bacon, Mushroom

**PULLED PORK** Small (2 lbs.) \$25.00

**CHILLI** Small (2 lbs.) \$20.00

**SPINACH & ARTICHOKE DIP** (16 oz.) \$20.00

