

# Frozen

## FOOD MENU

Call 519.296.3663 or  
Email Liz at [liz@lizscatering.ca](mailto:liz@lizscatering.ca)  
to place your order!



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### PASTA (2lbs) \$17.00

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Spaghetti with meat sauce  
Chicken Parmesan on Penne  
Chicken Fettuccini Alfredo  
Chicken & Pesto Stuffed Shells  
Macaroni and Cheese **\$11.95**

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**LASAGNA** Small (2lbs) **\$24.00**  
(BEEF, CHICKEN, Family(7lbs) **\$45.00**  
VEGETARIAN)

**SHEPHERD'S** Small (2lbs) **\$24.00**  
**PIE** Family(7lbs) **\$45.00**

**MEAT PIE 5" \$6.50**  
(BEEF, CHICKEN, TURKEY)

### BAKED GOODS

**BANANA BREAD**  
\$2.00/ slice \$12.00/ loaf

**LEMON LOAF**  
\$2.00/ slice \$12.00/ loaf

**DATE FILLED OATMEAL COOKIES**  
\$8.00/ 6 pack

**SOUP** Small(16oz) **\$6.95**  
Large(32oz) **\$10.95**

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*Cream of Potato & Bacon*  
*Cream of Mushroom*  
*Chicken Tortilla*  
*Corn Chowder*  
*Beef Cabbage*  
*Navy Bean*  
*Minestrone*  
*Chicken Vegetable Orzo*  
*Italian Sausage Orzo*  
*Cream of Broccoli & Cheddar*  
*Beef Barley*

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**QUICHE 5" \$6.50**

Choice # 1  
Peppers, Onions, Broccoli  
Choice # 2  
Onion, Ham, Bacon, Mushroom

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**Pulled Pork** Small (2lbs) **\$25.00**  
**Chili** Small (2lbs) **\$24.00**  
**Spinach & artichoke dip** 16oz **\$20.00**  
**Roast Beef Dinner** **\$17.00**  
**Beef Stew** Small **\$8.95** Large **\$15.00**

**OATMEAL COOKIES**  
\$6.00/ 12 pack

**CARROT CAKE (9X13)**  
\$28.00 with icing. \$20.00 no icing

**PIES**  
Call for pricing and availability