



# Lizzy's

*Country Café & Catering*

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LIZZY'S CATERING

109 Main Street, Theford, Ontario N0M 2N0

# CATERING - DINNER PRICES & OPTIONS

NUMBER OF PEOPLE	PRICE PER PERSON
100+	\$32.95
50-99	\$34.95

MINIMUM ORDER: 50 PEOPLE

INCLUDED in the price per person: All Staff for setup, serving & clearing AND all chafing dishes and warmers.

## MENU OPTIONS:

Entrées– add \$6.00 per plate for 2 <sup>nd</sup> meat choice	Potatoes (pick 2)	Vegetable (pick 2)	Salads (pick 2) or see Salad Bar option below.
Roast Beef	Garlic Mashed	Prince Ed. Medley	Tossed
Turkey	Baked	Green Beans	Caesar
Pork Tenderloin	Roasted	Corn	Macaroni with tuna
Chicken Breast	Scalloped	Glazed Carrots	Tai Chow Mein
Ham			Broccoli
	<i>1 Serving = 50/50</i>	<i>1 Serving = 50/50</i>	Pasta
<b>Vegetarian &amp; Vegan</b>			Coleslaw
Pasta Penne with Marinara sauce		<b>*Seasonal Vegetables</b>	Greek
Stuffed Peppers		Fresh green beans	<i>1 Serving = 50/50</i>
Vegan Spaghetti Squash with roasted tomatoes, onions & garlic		Baby carrots, Asparagus	<b>SALAD BAR OPTION + \$9.95 pp</b>
		*extra cost may apply	4 salads (from list above)
			Shrimp
			Devilled Eggs

## THE EXTRAS:

- **Mixed Green Salad with Berries and Balsamic Dressing - \$2.50 extra per plate**
- **The following Deluxe Entrée available and priced separately – \$2.50 extra per plate**
  - Chicken Parmesan.
- **The following Deluxe Entrée's available and priced separately – Starts at \$6.00 extra per plate.**
  - Stuffed Pork Tenderloin, Stuffed Chicken (Cordon Bleu or Broccoli & Cheese), Beef Tenderloin.

All dinners include – Dinner rolls & butter, pickle & olive tray.

### Any Dietary Restrictions or Allergies?

While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur.

## DESSERT - \$4.95 per person

PICK 3 – Pies (Pecan, Pumpkin, Apple crumble, Cherry crumble, Lemon Meringue), Cherry Cheesecake, Chocolate peanut butter delight, Fruit Tray, Strawberries in the Snow, Squares, and Cookies

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Plus, HST, 19% Gratuity & Mileage | We will customize menus for your catering needs | Prices subject to change as per market value. **A 20% NON-REFUNDABLE booking deposit is required.**

## Appetizers – Options / Packages

Mix and match from the list to make the selection that's perfect for you and your guests or we can work together to make a package that fits your needs. These are just a selection of some of our appetizers. If you don't see something – please do not hesitate to ask.

<b>Fresh Vegetable Platter &amp; Dip</b> Carrots, celery, cucumber, sweet bell peppers, fresh mushrooms, cherry tomatoes, cauliflower, broccoli & a country herb dip (Seasonal)	<b>Shrimp Cocktail</b> – the name says it all
<b>Fresh Fruit Platter or Bowl &amp; Dip</b> Pineapple, cantaloupe, strawberries, mandarin oranges, grapes, blackberries or blueberries, kiwi (Seasonal)	<b>Spanakopita</b> – baked phyllo pastry filled with feta & spinach
<b>Assorted Crackers, cheese &amp; meat Charcuterie Boards</b>	<b>Mini Quiche</b> – assortment of mini quiche with protein and vegetables, crust or crustless
<b>Pinwheel Wraps</b> – mixture of veggie, cranberry or taco pinwheel wraps	<b>Stuffed Mushrooms – Crab</b> – mixture of crab meat, cheeses & spices, stuffed & baked to perfection – <b>Vegetarian available</b>
<b>Spinach &amp; Artichoke Dip</b> – served warm with pita bread & Tostitos	<b>Pepperoni Pizza Bites</b> – deep fried & served with marinara sauce or ranch
<b>Spinach Dip</b> - served cold with pumpnickel bread	<b>Breaded Chicken Wings</b> – deep fried with your choice of sauce.
<b>Meatballs</b> - ½ ounce meatballs served with your choice of sauce – honey garlic or BBQ or sweet & sour	<b>Taco Dip</b> – served with Tostitos
<b>Bacon Wrapped Water Chestnuts</b> glazed with a sweet savoury sauce	<b>Devilled eggs</b>
<b>Caprese Salad Skewers</b> – fresh mozzarella, spinach & cherry tomatoes drizzled with balsamic reduction – Seasonal	<b>Spring Rolls</b> – Choice of Deep Fried OR Oven baked (V)
<b>Flatbread Bruschetta &amp; Feta</b> – mixture of tomato, red onion & spices served on flat bread topped with feta cheese and drizzled with a balsamic glaze	<b>Sliders</b> – small buns, meat, cheese, mayo, garnish <b>Kabobs / Skewers – Options:</b> Meat or Meat and Vegie or Vegie or Fruit
<b>Stuffed Mushrooms</b> –Cheese – combination of cheeses & spices, stuffed & baked to perfection	<b>Chips + Guacamole</b>
<b>Stuffed Mushrooms</b> –Cheese & Bacon – combination of cheeses, bacon & spices stuffed & baked to perfection	<b>Charcuterie Cups</b>

**\*\*Some Appetizers have a minimum order\*\***

While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur. Last reviewed April 2026



## **Appetizers Continued - Make Your Own Package**

Mix and match from the list to make the selection that's perfect for you and your guests or we can work together to make a package that fits your needs. These are just a selection of some of our appetizers.

### **See example packages below:**

#### **Reception Package # 1: \$13.95**

Veggie Platter & Dip, Fruit Platter & Dip,  
Assorted Crackers, cheese & meat board

#### **Reception Package # 2: \$15.95**

Veggie Platter & Dip, Spinach & Artichoke Dip, Pinwheel Wraps assortment, cheese & meat board

#### **Reception Package # 3: \$18.95**

Cheese & meat board, Honey Garlic Meatballs,  
Bacon Wrapped Water Chestnuts,  
Shrimp

**\*\*Minimum Order 25 people \*\***

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### **Please ask for pricing**

- **Lizzy's Grazing Tables**
- **Charcuterie Boards**
- **Charcuterie Cups**

**We will customize menus for your catering needs.**

**Plus, HST, 19% Gratuity**

**Delivery and/or Servers Extra**

**Prices subject to change as per market value**

**Contact: Liz Buzzell | Cell: 519.870.4678**

**email: [liz@lizscatering.ca](mailto:liz@lizscatering.ca)**



## CATERING – LATE NIGHT LUNCH IDEAS

### **Beef @ \$12.95 pp; Pulled Pork or Chicken @ \$10.95 / person**

*Served with buns & shredded cheese and onion*

### **Nacho Bar @ \$13.95/ person**

*Seasoned ground beef or seasoned chicken, Nacho Chips, Nacho Cheese Sauce, Salsa, Sour Cream, Black Olives, Peppers, Chopped Tomatoes, Chopped Green Onion*

### **Taco Bar @ \$13.95 / person**

*Seasoned ground beef or seasoned chicken, Salsa, Sour Cream, Black Olives, Peppers, Chopped Tomatoes, Chopped Green Onion  
Tortilla shells (soft and hard), shredded cheese, shredded lettuce*

*Guacamole – add \$1.00 pp*

*Mexican Salad – add \$1.00 pp*

### **Mashed Potato Bar @ \$9.95 / person**

*Shredded cheese, bacon bits, sour cream, chives, gravy*

### **Mashed Potato Supreme Bar @\$ 12.95 /person**

*Shredded cheese, cheese sauce, bacon bits, diced ham, ground beef, onion, sour cream, chives, gravy*

### **Mac & Cheese Bar @ \$10.95 / person**

*Bacon bits or ground beef, shredded cheese, green onions, tomatoes, and ketchup*

### **Hamburg Sliders @ \$9.95 / person**

*Mini beef burgers, served with a bun and fixings*

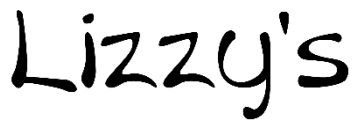
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*We will customize menus for your catering needs.*

*Plus HST, 19% Gratuity, Delivery AND/OR Staffing extra for serving.*

*Prices subject to change as per market value.*

*Last updated April 2026*



# CATERING – PLATTERS

We will customize menus for your catering needs. Plus, HST, 19% Gratuity, Delivery, & Staffing extra for serving. Prices subject to change as per market value.

## SANDWICHES, BUNS & WRAPS (1 piece - \$9.95pp) (ADD ½ piece - \$11.95 pp)

Assorted sandwiches (buns/sliced bread mix) and wraps to choose from, includes.

- Assortment of Egg, Tuna on Sliced Bread \*(White/Whole wheat)
- Assortment of Roast Beef, Turkey, Ham on a Bun
- Chicken Wraps

\*Gluten free bread or wraps add \$1.00pp

Piece = Sandwich or Wrap or Bun

## PULLED BEEF \$12.95 pp, CHICKEN OR PORK \$10.95 pp

Assortment of buns, shredded cheese, and onion

## NACHO BAR \$12.95pp

Seasoned ground beef or seasoned chicken, Nacho Chips, Nacho Cheese Sauce, Salsa, Sour Cream, Black Olives, Peppers, Chopped Tomatoes, Chopped Green Onions

## \*FRESH VEGETABLE & DIP PLATTER \$3.75pp

Celery, Carrots, Broccoli, Cucumber, Peppers & Fresh Mushrooms - (subject to seasonal availability)

## \*FRESH FRUIT PLATTER/BOWL \$3.75pp

Cantaloupe, Pineapple, Strawberries, Blueberries or Blackberries and Watermelon or Grapes

\*GROUP DISCOUNTS AVAILABLE – for both Vegetable / Dip & Fruit Bowl/Platters

SMALL - \$55                      MEDIUM - \$75      LARGE - \$95

## CHEESE PLATTER \$4.50pp

GROUP DISCOUNTS AVAILABLE: SMALL - \$55 MEDIUM - \$75 LARGE - \$100

## CHARCUTERIE BOARDS AVAILABLE – Starting at \$13.95 pp

## DESSERT PLATTER/INDIVIDUAL CUPS - \$3.95- \$4.95pp

Squares, cookies, cakes, pies, cakes

## SALAD CHOICES \$1.75 - \$4.95pp

Potato, Macaroni with tuna, Coleslaw, Broccoli, Pasta, Tai Chow Mein, Garden Salad, Caesar Salad, Greek (salad or pasta)

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## CATERING – BREAKFAST IDEAS

### Continental Breakfast

\$7.95 / person

Assorted breakfast bread (Muffins, croissants, pastries)

Fruit (Bananas, Apples, Oranges)

### Hot Breakfast Option # 1

\$15.95 / person

Scrambled Eggs or Mini quiche (pick 1)

Bacon(2), Sausage(2), Ham or Honey garlic meatballs (pick 2)

Home fries or Hash brown casserole (pick 1)

French toast, Pancakes (pick 1)

### Breakfast Skillet Poutine Bar

\$15.95 / person

Home fried potatoes with onion, Peppers, ground sausage, bacon pieces, cheese curds and hollandaise sauce

**ADD Scrambled Eggs - \$1.95**

### Hot Breakfast Option #2

\$22.95 / person

Scrambled Eggs, Mini quiche

Bacon(2), Sausage(2), Ham, honey garlic meatballs

Home fries, Hash brown casserole

French toast, Pancakes

*If you would like to add pastries and fruit add \$4.95 / person*

### Make your Own Breakfast Menu

**Starting @ 15.95 / person**

#### Breakfast Items

Scrambled Eggs, Mini Quiche, Egg Bites, Eggs Benedict

Macaroni & Cheese

Bacon, Sausage, Ham, honey garlic meatballs, Peameal

Home fries, Hash brown casserole

French toast, French toast bake, Pancakes, waffles, waffles with fruit toppings

Oatmeal, Baked oatmeal

Bagels, muffins, croissants, pastries, English muffins, Bread

Yogurt, yogurt parfait bar

Fruit (Bananas, Apples, Oranges), Fruit Bowl (Berries, melons), Fruit Platter

**Choose the items you would like on your menu and then we can price accordingly.**

While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur. Last updated Nov 2025

### Minimum Order 15 people

**We will customize menus for your catering needs.**

**Plus, HST, 19% Gratuity**

**Delivery and/or Serving Staff Extra**

**Prices subject to change as per market value**

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**Email: [liz@lizscatering.ca](mailto:liz@lizscatering.ca)**



## CATERING – CORPORATE LUNCH IDEAS

### The following are available as Individual Packages or Buffet Style

**Combo Choice of Entrée, Salad, and bun - \$15.95 pp**

**Entre Choices:**

Lasagna (Beef, Chicken or Veggie), Shepherds Pie, Chicken Alfredo, Chicken Parmesan, Chilli

**Salad Choices:** Garden, Caesar

Bun

#### ADDITIONAL OPTIONS

**Vegetable & Dip Platter - \$3.75 pp**

Celery, Carrots, Broccoli, Cucumber, Peppers & Fresh Mushrooms - (subject to seasonal availability)

**Fruit Platter – \$3.75 pp**

Cantaloupe, Pineapple, Strawberries, Blueberries or Blackberries and Watermelon or Grapes

**Soups (12oz) - \$4.95 pp – Variety**

**Salad Choices - \$1.75 - \$4.95 pp**

Potato, Macaroni, Coleslaw, Broccoli, Pasta, Tai Chow Mein, Garden, Caesar

**Sandwiches, Buns & Wraps - \$9.95 pp (1 Piece) (ADD ½ piece - \$11.95 pp)**

Assorted sandwiches (buns/sliced bread mix) and wraps to choose from, includes.

- Assortment of Egg, Tuna on Sliced Bread \*(White/Whole wheat)
- Assortment of Roast Beef, Turkey, Ham on a Bun
- Chicken Wraps

### The following are available in Buffet Style Only

**Beef - \$12.95 pp; Pulled Pork, Chicken - \$10.95 pp**

Assortment of buns, shredded cheese, and onion

**Nacho Bar - \$13.95 pp**

Seasoned ground beef or seasoned chicken, Nacho Chips, Nacho Cheese Sauce, Salsa, Sour Cream, Black Olives, Peppers, Tomatoes, Green Onions

**Taco Bar - \$13.95 pp – Guacamole (add \$1.00 pp) and/or Mexican Salad (add \$1.00 pp)**

Seasoned ground beef or seasoned chicken, Tortilla Shells (hard and soft), Lettuce, Shredded cheese, Salsa, Sour Cream, Black Olives, Peppers, Tomatoes, Green Onions

Minimum order required, please ask for details. We will customize menus for your catering needs.

Plus HST, 19% Gratuity, Delivery AND/OR Staffing extra for serving. Prices subject to change as per market value.

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**NOTE:**

***All prices are subject to change and especially when we provide ESTIMATES for events that are into 2026, 2027 and 2028.***

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***Menus are customizable to meet your catering needs***

***All orders, plus HST & 19% Gratuity***

***Let's discuss the extras if applicable (Delivery/Staff etc.)***

***Please advise us of any food restrictions***

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***All menus, prices subject to change as per market value. Specifically for estimates into 2026, 2027, 2028.***

***Contact: Liz Buzzell | Cell: 519-870-4678***

***Email: [liz@lizscatering.ca](mailto:liz@lizscatering.ca)***

Visit our website for Café Hours

 [lizscatering.ca](http://lizscatering.ca)

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